

**JOHN MAPLES**  
**Pastoral Counselor**

**HISTORY**

1. Dallas, Texas, 1950.
2. Missionary son 12 years in South Africa; now 50 years missionary experience.
3. Multi-cultural experience (57 countries)

**FAMILY**

1. Married 53 years to wonderful and lovely Lynnette.
2. Three children and five grandsons.

**EDUCATION**

1. B.A. Bible/Counseling/History (Oklahoma Christian University)
2. Doctor of Chiropractic (Cleveland College, Kansas City)
3. Graduate studies (Family Relationships & Child Development, Oklahoma State U.)
4. Languages: English, Afrikaans, Zulu.

**EXPERIENCE**

1. Preacher, Youth & Family ministry, Church Leadership.
2. Pastoral Counselor, 45 years (Individual and Relational issues).
3. Author: Two: Faithful Families Today and Stories of people doing good jobs.
4. Motivational speaker.

**WHAT I BELIEVE AND WHAT I AM**

God of the Bible and His Word is fully inspired and the blueprint for happier, healthier, earthly life and into eternal life. This foundation constitutes reference for my pastoral ministry of preaching, teaching, and counseling affording spiritual perspective to minister to a wide variety of people who need Christ. My passion is utilizing counseling techniques to help untangle shallow and deep issues of individuals and families.

**PASTORAL COUNSELING FOCUS.**

1. Four Major Human Emotions: Depression- Anger – Fear – Joy.
2. The Human Mind: Conscious/Sub-Conscious/Unconscious (Mark 12:30; Philippians 2:5)
3. Centered upon Psycho-emotional aspects of individual and relational issues.

**BIBLICAL COUNSELING BLUEPRINT** (John 10:10)

The Book of Life  
To the living of Life  
For improving of Life

Toward Eternal Life

Dr. John Maples (I love people)

LessDepressed.com (website)

[John@LessDepressed.com](mailto:John@LessDepressed.com)

623-399-3499.

## JOHN MAPLES

### RELATIONAL BIOGRAPHY

#### CHILDHOOD FOUNDATIONS

As a young son of South African missionary parents my mother was adamant that I needed an afternoon nap. I would lie on the bed looking at National Geographic magazines about people and places and curiously wondered how other people in God's world lived. How they did their jobs; what kind of houses they lived in and a gigantic variety of questions concerning the "out there" of such a huge world. I thought how marvelous it would be to have a lifetime of learning about people and then smiling and say, "good job!"

Retrospectively, that summarizes my life! I love people and love to go across the street or across the world. Surely, I was multi-cultural before the term even became popular and, thankfully, God has allowed me to visit fifty-seven countries – mostly to preach, minister and counsel.

#### AFRICAN EXPERIENCE FOR COUNSELING ORIGINS

Counseling is the exact opposite of preaching and herein are origins of a lifetime of ministering to people who are hurting. Skills that involve observing, listening, focusing are paramount when in God's huge African wildlife game reserves – encountering everything from ants-to-elephants. Investing close attention to sounds, movements, and signals, provide information for reaction in all kinds of situations when on safari. Similarly, such messages when listening to clients who are sharing their life emotional "aches and pains" while seeking prayerful clarity, guidance, nurturing from a counselor. Decades of investing close attention in the exciting African world has greatly contributed to my world of focusing delicate attention to the words of a hurting human heart.

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